

## THE FIRST FOUR MINUTES BANNISTER ROGER

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[Roger Bannister runs first four-minute mile - HISTORY](#)

On this day in 1954, at the Iffley Road Track in Oxford, England, medical student Roger Bannister becomes the first person in recorded history to run the mile in under four minutes. Roger

Roger Bannister, first to run mile in under 4 minutes ... British athlete Roger Bannister breaks the tape to become the first man ever to break the four minute barrier in the mile at Iffly Field in Oxford, England.

First Four Minute Mile-HQ(Roger Bannister:1954) Nearly sixty years on and still one of the most iconic sporting moments in history.Bannister had intended to retire after the 1952 Olympics,but having only come in 4th in the 1500m final,hung on

Roger Bannister: First man to run mile in under 4 minutes dies

On Saturday, Roger Bannister, the first man to run a sub four-minute mile, died at age 88. Time Roger Bannister breaks the 4-minute mile in 3 minutes, 59.4 seconds on May 6, 1954.

Roger Bannister, first to run sub 4-minute mile, dies at ...

This is a May 6, 1954, file photo of Roger Bannister, left, who ended the quest for the four-minute mile, with a time of 3:59.4 at Oxford, England is congratulated by pacemaker Christopher Chataway.

Roger Bannister, First Athlete to Break the 4-Minute Mile ...

Paced by Chataway and Brasher and powered by an explosive kick, his signature, Bannister ran a mile in under four minutes 3:59.4, to be exact becoming the first man ever to do so, breaking

The First Four Minutes: Sir Roger Bannister ... - amazon.com

The First Four Minutes [Sir Roger Bannister] on Amazon.com. "FREE" shipping on qualifying offers. Roger Bannister's own account of becoming the became the first man to run a mile in under four minutes - a feat which established him as one of the most famous sportsmen in history.

Roger Bannister, the First Person to Run a Mile in Less ...

Bannister had just become the first runner to break the mythical 4-minute barrier in the mile a feat of speed and endurance that stands as one of the seminal sporting achievements of the 20th century.

Roger Bannister - Wikipedia

In the 1988 television mini-series *The Four Minute Mile*, about the rivalry between Bannister, John Landy and Wes Santee to be first to break the 4-minute mile mark, Bannister was portrayed by actor Richard Huw.

#### **Four-minute mile - Wikipedia**

A four-minute mile is the completion of a mile run (1,760 yards, or 1,609.344 metres) in four minutes or less. It was first achieved in 1954 by Roger Bannister in 3:59.4.

#### **The First Four Minutes eBook: Roger Bannister: Amazon.ca ...**

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#### **Roger Bannister, the first person to run a sub 4-minute ...**

LONDON Roger Bannister, the first runner to break the 4-minute barrier in the mile, has died. He was 88. Banister's family said in a statement that he died peacefully on Saturday in Oxford.

#### **Sir Roger Bannister: First person to run a mile in under ...**

Sir Roger Bannister, the first person to run a mile in under four minutes, has died at the age of 88. His time of three minutes 59.4 seconds, set at Illey Road sports ground in Oxford on 6 May.

#### **The First Four Minutes: Amazon.co.uk: Roger Bannister ...**

Synopsis On 6 May 1954 Roger Bannister became the first man to run a mile in under four minutes, establishing himself as one of the most famous sportsmen in history. Bannister has written a substantial new introduction for this 50th anniversary edition of *The First Four Minutes*, reflecting on

#### **The Four-Minute Mile by Roger Bannister - Goodreads**

This is the best book on running that I've read. In 1954, at the age of 25, Roger Bannister became the first person to break the four-minute barrier for the mile, with a recorded time of 3:59.4.